



**Part-Time Temporary Research Assistant in Partnership
with the Sarnia-Lambton Ontario Health Team**

Job Type: Part-time employment (15 hours / week)

Length: 6-month contract

Salary: \$25.23 / hour

Position Title: Research Assistant

Department: Research and Innovation, Lambton College

Reporting To:

- Meghan Realesmith, Research and Innovation Department at Lambton College and
- Nadine Neve, Executive Lead Sarnia Lambton Ontario Health Team

Location: Hybrid – on-site at Bluewater Health - OHT site (275 Wellington St., Sarnia, ON), remote work (Lambton College main campus) with travel to partner agencies within the community

Anticipated Start: End of June, 2026

Application Deadline: June 5th, 2026

Job Function:

The Research Assistant is responsible for supporting day-to-day office operations and communications of Prescribe to Thrive with Sarnia-Lambton & Chatham-Kent OHT partners, and Lambton College research team and local Community Agencies.

Job Description:

The “Advancing Healthier Communities through Transformative Social Prescribing Models for Inclusive Health and Wellness Benefits” project is a collaboration between community organizations and Lambton College. This project aims to advance social prescribing, an innovative approach to community wellness that connects primary health care to non-medical support, addressing social determinants such as isolation and belonging. The project will work towards an evaluation of current community social prescribing efforts and the co-creation of adapted models for more effective social prescribing.

The Research Assistant role will support Prescribe to Thrive operations by promoting social prescribing initiatives, facilitating public and partner engagement, and performing administrative duties that enable effective delivery of related programming. This role is

ideal for someone who enjoys dynamic work across both community and organizational settings and is passionate about health promotion and innovation.

Key Responsibilities:

The Research Assistant will be responsible for supporting in research administration and engagement activities related to the project, including:

Administrative Support:

- Schedule meetings, maintain calendars, and document minutes and action items
- Communicate with stakeholders via phone, email, Microsoft Teams and in person
- Organize resources, maintain filing systems, and prepare documentation for outreach efforts
- Coordinate logistics for meetings, trainings, and community events
- Prepare and organize program materials for distribution at events, including promotional materials.

Community Engagement:

- Attend outreach events across Lambton County to promote social prescribing and related efforts.
- Support S-L OHT & C-K OHT at community tables, health workshops, forums, and partner meetings.

Educational Outreach

- Support presentations and information sessions on social prescribing
- Engage the public and partners in knowledge-sharing opportunities aligned with research goals

Research & Promotion

- Promote awareness of social prescribing models, research findings, and community health innovations
- Assist in the development and distribution of educational and promotional materials
- Support data collection and reporting for evaluating outreach activities and Prescribe to Thrive initiatives

Data Management:

- Maintain accurate and up-to-date program records in compliance with privacy regulations.
 - Assist with gathering data related to program outcomes, and community engagement.
 - Support evaluation efforts by tracking attendance, and participant feedback.
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Qualifications

Education:

- High School Diploma required.
- 2 Year Post-secondary education in administration, public health, nursing or a related field is an asset.
- Must be registered full-time college or university students, postdoctoral fellows, OR recent graduate (within 2 years of graduation) of a Canadian institution. Preference will be given to individuals studying and/or residing in Ontario.

Experience with Community Outreach and Stakeholder Engagement:

- Knowledge or experience in event planning and coordination is an asset.
- Prior experience in administrative support, communications, or outreach coordination.
- Exposure to social prescribing, or public engagement is an asset.

Project Management and Administrative Skills:

- Exceptional organizational and time management skills
- Strong written and verbal communication abilities
- Proficiency with Microsoft Office and virtual collaboration tools
- Ability to work independently and as part of a multidisciplinary team

Other Requirements:

- Valid driver's license and reliable transportation
- Willingness to travel within Lambton County
- Occasional evening and weekend availability for events

Working Conditions:

- Office and field-based work, with a combination of remote and on-site duties. The role blends remote work with in-person community engagement and administrative support. The organization values inclusion and encourages applicants of all backgrounds to apply.

About Lambton College Research & Innovation:

Located on the beautiful homeland that is the traditional territory of the Ojibwe, Potawatomi and Odawa First Nations, for over 50 years, Lambton College has been a ground-breaking institution. Lambton College is a national leader in applied research,

teaching methodologies, experiential learning opportunities, and future-facing educational innovations. With 13,000+ students from 20 countries around the world, two main campuses in Sarnia, Ontario, and a growing roster of more than 90 diploma, certificate and degree programs, Lambton College offers students flexible learning options with a broad range of programs and courses that incorporate elements of classroom, mobile, hybrid and accelerated educational alternatives.

Contact and Application Details:

To apply, email your CV (cover letter optional) outlining your experience and interest in the role to Research@LambtonCollege.ca by 11:59 p.m. on June 5th, 2026. Please use the subject line: "Research Assistant in Partnership with the Sarnia-Lambton Ontario Health Team."

Lambton College is committed to an inclusive, barrier-free selection process. If contacted regarding this competition, please advise the interview coordinator of accommodation measures you may require during our selection process. Information received relating to the accommodation needs of applicants will be addressed confidentially.

Lambton College is an equal opportunity employer seeking to live its values in all we do. We are committed to taking proactive steps to provide and create opportunities for historically marginalized groups. We seek applicants who will strengthen our commitment to diversity, equality, and inclusion. We strongly encourage the following qualified candidates: women, Indigenous peoples, racialized people, persons with disabilities, and those who identify as 2SLGBTQ+ to consider working with and for Lambton College.

We thank all applicants for their interest and wish to advise that only those candidates selected for an interview will be contacted.