

Holiday Health Resources

In a medical emergency, call 911 immediately.

Options for Primary Care



Virtual Urgent Care

Access urgent care through a secure video call. Available to Ontario residents with an OHIP card.
urgentcareontario.ca



Access to Care Centres

Open for same day/next day appointments.

Sarnia: 519-491-6188

Wyoming: 519-704-5003



Health811

Connect with a registered nurse or care navigator, 24/7.

Call 811 (TTY: 711)

health811.ontario.ca



Pharmacies

Ontario Pharmacists can prescribe drugs for treating specific minor ailments. Such as sore throats, urinary tract infection and more!



MobileCare

A walk-in clinic on wheels that comes to you. For scheduling:
sl.mobilecareclinic.ca

Health Care Connect

In need of a family doctor or nurse practitioner? Care Coordinators can connect you with local providers accepting patients.

ontario.ca/healthcareconnect

Local Health Services

Looking for local services but unsure where to start? The Age-Friendly Sarnia-Lambton website has hundreds of listings for every age and every stage, including 24/7 supports.

519-336-3000

agefriendlysarnialambton.ca

Vaccinations

Many local pharmacies provide flu and COVID-19 vaccines, with both walk-ins and appointments at over 25 locations. Availability varies by pharmacy. You can also reach out to your primary care provider to schedule your vaccination.

ontario.ca/vaccine-locations

Mental Health Support

Resources are available for everyone, regardless of age or background. Scan to explore options.



519-336-3000

agefriendlysarnialambton.ca

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