



Not About Me, Without Me

Age-Friendly Website Refresh

As the focus of Navigation continues within the Sarnia Lambton Ontario Health Team and building on the work started by the Older Adult Care Pathway working group (see initial research findings here <https://lambtonpublichealth.ca/report/older-adult-care-pathway-report/>), the www.agefriendlyarnialambton.ca website is undergoing a refresh. This work will enhance the website to be age-inclusive for all in Sarnia-Lambton, and act as a “one stop shop” for finding resources, local events and health care and social services and supports. Virtual engagement sessions have recently been completed, and work is underway to transform and enhance this valuable resource.

In addition to the website refresh, Phase 2 of the Older Adult work will continue with Lambton College conducting in-depth one-on-one interviews of care-givers, service providers and older adults to further inform navigation and supports planning moving forward. This work will be driven by the original Older Adult Care Pathway working group in collaboration with Lambton College researchers, now a Navigation sub-group of the Sarnia-Lambton Ontario Health Team with the expanded focus of all ages including Youth Mental Health and Older Adult priority populations. To register and provide this essential feedback, please contact Ashley Hutchinson, lead Research Advisor at Lambton College. (Ashley.hutchinson@lambtoncollege.ca).