



Rapids

Family Health Team

Rapids Family Health Team embraces the words “We Care”. With an employee base of over 70 individuals we are a support system of allied health professionals designed to work with your primary care provider to help you reach your optimal level of health.

Over the past 15 years we have always been be responsive to the community’s needs. During the pandemic we continued to provide quality patient care, but have also been responsive with COVID 19 testing and vaccinations as the community needs have demanded. During this pandemic our allied health professionals have rallied to the challenge of providing core services including same day access for episodic care, diabetes education, dietitian support for many chronic conditions, mental health counselling, COPD programming, smoking cessation, cognitive and memory care and strength and balance assessments. We have adapted to using new technology for virtual care and have even delivered products and education materials right to our patients’ front doors. We have also updated our website to include many well-vetted health care education resources to allow patients to find the information they need, when they need it.

Our allied professionals include Nurse Practitioners, Registered Nurse Educators, Registered Practical Nurses, Laboratory Technicians, Registered Dietitians, Occupational Therapists, Foot Care Specialists, Mental Health Workers and much more.



We see the Sarnia Lambton OHT as a wonderful opportunity to provide an even better continuum of care. By connecting patients with the many resources available right here in Sarnia Lambton there is a greater chance of success for the patient to reach their optimal health. We have been doing this with our Memory Clinic for some time now and it has really had a positive impact on patients and their caregivers/families.

Sarnia Lambton is such a beautiful community. It is a wonderful and safe community that is ideal for raising a family. Our waterfront, beaches, parks and arenas provide great opportunity for recreation, fitness and quality family time. We are a proud Sarnia-Lambton OHT partner with over 80,000 patients that are with us throughout the many many stages of their lives.

For more information on Rapids Family Health Team check us out @ [rapidsfhteam.ca](https://www.rapidsfhteam.ca)