

Sarnia-Lambton OHT – Social Media Partner Profile

Lambton Elderly Outreach (LEO)



Number of Employees – 65

Number of Volunteers - 45

Established 1970

LEO is a non-profit organization that provides a wide range of community support services to fit the needs of each individual client. Services are provided throughout Lambton County for adults over the age of sixty and for adults with disabilities. We aim to assist those who want to **age-in-place** by offering **in-home supports** and services, **volunteer** opportunities to give back to our community, and **social** opportunities to connect with peers and participate in activities that decrease feelings of isolation and enhance wellbeing!

Accomplishments & Goals

During the COVID-19 pandemic, Lambton Elderly Outreach did not shut down operations, in fact, we ramped up! Our transportation services were used to transport patients from home to hospital and back, our Meals on Wheels demand increased exponentially as older adults were the most vulnerable throughout the shutdowns. Our services provided nutritious healthy meals in a time of need. In 2020, LEO became the sponsoring agency of the Age-Friendly Sarnia-Lambton initiative that enhances the well-being of an aging population through inclusiveness, dignity, respect, and opportunity.

New Services & Supports

This Fall and Winter, LEO established the inaugural Break the Isolation Campaign which is a series of initiatives and opportunities to encourage people to break feelings of isolation that especially set in over the winter months, and reconnect with the community. We are

sarnialambtonoht.ca



Not About Me, Without Me

also happy to re-start many of our volunteer programs this year. In 2022, Age-Friendly Sarnia-Lambton and partners will be launching a *Best Practices for Businesses and Services Providers* professional development training.

SL - OHT

The Sarnia-Lambton Ontario Health Team is important because through coordination of service providers, organizations like LEO can ensure we are offering services that are most needed in a way that is easily accessed for our core demographic of older adults and care givers. Ontario Health Teams not only improve care coordination, but they also benefit community members because it improves access to information and services related to health and social supports.

Living & Working in Sarnia-Lambton

Working in Sarnia-Lambton means building closer connections and partnerships to ensure client and patient support. Many organizations are well-connected to be able to collaborate and ensure that older adults are getting the care and supports they need and want. Plus, we have beautiful beaches, parks, and sunsets!